

CASE STUDIES FROM LIFE SKILLS EDUCATION TRAINING

Hi my name is Lawanda Anderson and I am 23 years old. I have been attending Antioch Bible Fellowship Ministries for a little over 10 years now. I can clearly see the difference in the direction my life was heading and the path I am actually on now. I do firmly believe that my life would not have ended up with the same result that it is now if I would not have gotten the life changing skills that I've received at Antioch Bible Fellowship Ministries.

At Antioch BFM, we are started off early developing the skills and talents that are already within us if we decide that this is the direction we would like to go in. By the age of 14, I had decided to start training in different ministries that I felt that interest me. These ministries are: Usher/Hostess, Sunday School Teacher, Youth Chorale, Choir, and New Converts Ministry. Also at Antioch BFM, I was not only developed through given responsibilities and tasks, but I was developed through different classes and seminars.



These classes and seminars were taught on an interactive level and were delivered in such a way that it related to everyday life. Dating Enrichment, Healthy Sexuality, Financial Management, Anger Management, Leadership Training, and Personality development were among some of the training I received here. Through this training I was able to see what I was made out of as a person, including my strengths, weaknesses, likes and dislikes. As a result of learning who I was, I was able to get developed as the person that I uniquely am. I was able to maximize my strengths and continue to develop my weaknesses to make them work for me instead of against me. I learned that there is more to life than disrespecting your body with pre-marital sex, drugs, tobacco, and alcohol. I have a life worth living and using to effect this world.

As a result of the life skill training I have graduated from college and am now a Registered nurse working at Cape Fear Valley Hospital. I have decided to pursue a PhD in Nursing, in hopes of becoming a nurse educator one day. When I first came to Antioch BFM I never imagined myself growing up to becoming a professional of any kind. Thanks to the training and perseverance through all the ups and downs I can now say that I'm living what could have only dream about at the age of 13.

In conclusion, the life skills and training that I received allowed me to see just what I had to offer life. It allowed me to see that I had a choice to where my life could end up. The potential to do great things was always in me, but I just did not know it at age 13. What good is potential, if it is unused or untapped into? Potential that is not applied is equivalent to nothing. The potential to become a nurse will not pay my bills nor bring me happiness, but the potential to be a good nurse applied through education has changed both my life and others around me.