

CASE STUDIES FROM LIFE SKILLS EDUCATION TRAINING

{ANTIOCH BIBLE FELLOWSHIP MINISTRIES}

My name is LaTonya Tucker and I am twenty-three years old. I attended Antioch Bible Fellowship Ministries from January 1996 to August 2004 and I visited sporadically while in college until currently. While attending Antioch, I received Life Skills Training that allowed me to be involved in ministry and leadership as a teenager around the age of thirteen. I was involved in multiple ministries such being a Sunday School Teacher, Hostess, Praise Maker, and singing in the Choir and Youth Coral. I received Life Skills Training in the areas of Dating Enrichment, Family Values, Anger Management, Success Strategies for Personal Empowerment, Healthy Sexuality, Leadership Training, Financial Management, and Healthy Marriage Relationship Training. Each of these trainings has changed my life for the better and helped me make wise life choices.

As a result of the Life Skills Training, I am now happily married to my long-time boyfriend since middle school. The training has empowered us to stay pure and educated in our relationship. When we decided to get married, we were able to receive substantial marriage, family, and financial training to help make our relationship and life prosper. The financial training I received has showed me and my husband how to setup a budget and set financial goals. In spite of coming from single parent households, Life Skills Training has taught us how to maintain a good marriage and strive to have a stable household. A powerful tool that has helped me and my husband was to understand our family history and problems so we could learn how to prevent these problems from manifesting in our relationship and use it to improve our families and set an example for our future children.

Through Life Skills Training I was encouraged to continue my education so I can enhance my future and career choices. In 2008, I graduated from North Carolina State University and achieved a Bachelor of Arts degree in Psychology. I plan on continuing my education and strive for a master's degree in business. Added with my education from Universities and what Life Skills Training has taught me, I plan on starting my own nonprofit so I can be able to help others like Antioch has helped me. Antioch gave me a foundation to help propel me into the future and I am truly thankful that this program has provided me with the necessary keys to make my life better.