

## CASE STUDIES FROM LIFE SKILLS EDUCATION TRAINING

### {ANTIOCH BIBLE FELLOWSHIP MINISTRIES}

*Hello my name is Dinecia R. Gates. I have been attending Antioch Bible Fellowship Ministries for over ten years. While attending Antioch I received Life Skills training that has become so invaluable and worth so much more than money can pay for. I have received life skills training in so many areas that range from Dating Enrichment, Anger Management, Success Strategies for Personal Empowerment, Healthy Sexuality, Leadership Training, to Financial Management.*

*I began attending at the early age of thirteen in June of 1999 and have blossomed and grown so much since then. Since beginning my relationship with the Antioch family I have received life skills training to work in a leadership role even at the age of 13. At the age of 13 I began serving on the Hostess & Usher team greeting guest and making sure the atmosphere of Antioch felt just like home. I also served in various leadership capacities. I was a member of the Adult Choir, Youth Chorale, Leadership Development Team, Praise Team, Youth Committee, Creative Communications Director, Clean-Up Team, Christian Development Team, Ladies Prayer Ministry, Outreach Team, Contact Ministry, and Ladies' Fellowship. Not only was I encouraged to use my God given talents and abilities within the walls of the church, I was encouraged to impact the lives of others outside the church. I held leadership roles in middle school and throughout college while maintaining my Honor Student Standing.*

*The Life Skills training I have received has contributed to the success I have had in my life thus far. I graduated from Westover High School in the top 15% of my class. After high school I went on to obtain a degree in Mass Communication from Campbell University. While attending Campbell University I served in several leadership roles. I am currently pursuing a Master of Health Communication at East Carolina University and one day hope to be a Public Relations Agent for a Non-Profit Health Agency of a hospital. I believe that every child, teenager, and adult should receive the life changing Life Skills Training I have received. I believe that a great percentage of who I am today and who I will become tomorrow is due to the great training I have received at Antioch Bible Fellowship Ministries.*